

How we can change people's minds

How other people feel about people
with learning disabilities



Introduction



Heart n Soul are an organisation who support people with learning disabilities and autistic people to be creative.



We have been working on a project called Heart n Soul at The Hub with **Wellcome Collection**.

Wellcome Collection is an art gallery and museum in London.

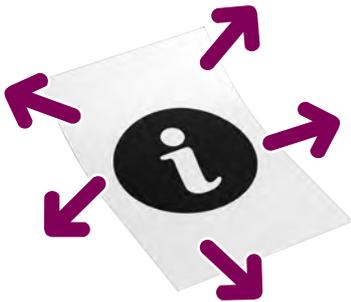


We started a new project to learn how other people felt about people with learning disabilities.



This project helped us to:

- find out new things



- share information



- find new ways of working.



This information will help you understand our project and how we did it.

What we wanted to do



We wanted to find out what other people really felt about people with learning disabilities.



We looked at research that people had done before about how people see people with learning disabilities.



We found that:

- this research said that people had positive feelings about people with learning disabilities
- people with learning disabilities didn't feel that other people had positive feelings towards them in real life.



How we did it



To get our information we put together an on-line **survey**.
In the **survey**, we asked questions about what we wanted to find out.



People could look at and listen to the survey on their computer or on their iPhone.



We asked our questions ourselves using videos.



We asked lots of people to answer our questions.

They could answer using:

- video
- audio
- writing.





We ended up with a lot of information because people could answer in any way they wanted.



We used a computer to sort through this information and display it in useful ways.



We hoped that using a computer instead of people to sort through the information would help us to look at all the answers equally.



We then looked at all the answers together as a **diverse** team.



Diverse means people are not all the same. For example people come from different backgrounds, make different choices or are good at different things.



We used different types of art to look at and understand all the information we got from our surveys.

We used:

● drawing



● singing



● painting



● clay



● writing



● computers.



This made the information easier to understand.

What did we learn?



Our project showed that research can:

- be fun



- include people with learning disabilities



- be led by people with learning disabilities



- involve different types of art and computers together



- be completed in different and new ways.



We made new ways of looking at information from our surveys so that everyone could take part.

We feel more projects and research should be like this.

For more information



If you'd like to know more about Heart n Soul you can find out more:



- on our website:
www.heartnsoul.co.uk



- by post:
Heart n Soul
Albany Centre
Douglas Way
Deptford, London
SE8 4AG



- by phone:
020 8694 1632



- by email:
info@heartnsoul.co.uk

Easy Read by easy-read-online.co.uk